

# SPA TREATMENT MENU



## SKIN HEALTH

FACIALS	DESCRIPTION	MINUTES	PRICE
Timexpert SRNS	Part of the Timexpert Skincare range by Germaine De Capuccini. SRNS is a powerful all-round anti-aging facial that provides firming, wrinkle reduction, revitalisation and hydration. Protects and repairs the skin, enhances firmness, revitalisation and reduced skin pigmentation. Using hyaluronic acid, pro-collagen activators and nano emulsified multi-vitamin complex (A,B,C & E) this range of products uses a 'bomb' of ingredients to produce result driven and visible effects.	60	£80
Radiance C+	Part of the Time Expert Skincare Range by Germaine De Capuccini. illuminates skin, evens skin tone, reduces dark spots, promotes the synthesis of collagen for firmer skin and improves hydration. Vitamin C is a great anti-ageing shield from the damage caused by extrinsic factors such as pollution, tobacco, blue light screens and especially sun damage. Provides high levels of hydration.	60	£70
Summer Seasonal Detox	A luxurious facial which will detox, refresh, rejuvenate and brighten skin. Includes a 'Superfruit face polish' - Active ingredients slow down the ageing process, detoxify and brighten the skin. Flavanoids, citric acid and vitamin C purify, heal and smooth the skin whilst fatty acids omega 3 & 6 protect the top layer of the skin delivering a gentle but effective deep cleanse	60	£68



Options 60	<p><b>Initial Consultation appointment needs booking before this treatment.</b></p> <p>Following an initial skin consultation with your beauty therapist to identify and skin care issues or concerns, we then design the right bespoke treatment plan, to suit your individual skin type and needs, using a bespoke mix of our favourite products to cleanse, tone, exfoliate and treat. We complete your experience with a skin type appropriate serum and moisturiser.</p>	60	£58
Royal Jelly	<p>An energising Germaine De Capuccini Facial treatment to boost tired and stressed skin. Packed with antioxidants and essential nutrients, a Royal Jelly facial will help your skin to regain its natural immunity against daily aggressions for a radiant and healthy complexion.</p> <p>Suitable for all ages and skin types.</p>	30	£40
Options 30	<p><b>Initial Consultation appointment needs booking before this treatment.</b></p> <p>Following an initial skin consultation with your beauty therapist to identify and skin care issues or concerns, we then design the right bespoke treatment plan, to suit your individual skin type and needs, using a bespoke mix of our favourite products to cleanse, tone, exfoliate and treat. We complete your experience with a skin type appropriate serum and moisturiser.</p>	30	£38
You Do You Express	<p>The perfect mini facial treatment for time compressed clients and those new to facials. We will refresh the skin with aromatic cleansers then buff away dulling skin cells. A rapid working masque will infuse the skin with nourishment before hydrating moisturisers protect the skin.</p>	30	£35

## BODY TREATMENTS

BODY SCRUBS	DESCRIPTION	MINUTES	PRICE
Baobab Body Ritual Body Scrub & Massage with added scalp massage	<b>Germaine De Capuccini</b> An energising full body massage & exfoliation with added scalp massage. Using ethically sourced Baobab seed oil, this African-inspired ritual promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity.	90	£88 saves £15
Baobab Body Ritual	<b>Germaine De Capuccini</b> As above but without the scalp massage	55	£68
Pomegranate Full Body Scrub	<b>Germaine De Capuccini</b> Full body exfoliation with gentle massage and shower.	60	£58
Dreamy Legs	<b>Germaine De Capuccini</b> Designed to Ease tension stored from the knees down to the toes, incorporating an invigorating leg and foot scrub, & revitalising lower leg and foot massage. Using ethically sourced Baobab seed oil, the blend of natural oils also provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity.	30	£40
BODY WRAPS	DESCRIPTION	MINUTES	PRICE
Laminaria Skinny Body Wrap	Consisting of a combination of specially selected seaweeds for intense shaping, reducing cellulite, and helping to flush out toxins, this luxury product from the 'Natural Spa Factory', also helps to maintain your skin's elasticity by hydrating and protecting the skin. All this along with a relaxing and soothing soft body massage and moisturise.	60	£80

## MASSAGES

MASSAGE	DESCRIPTION	MINUTES	PRICE
Traditional Massage	Back, neck & shoulders	30	£40
	Back of body	40	£48
	Full Body	60	£60
Aromatherapy Massage	Back, neck & shoulders	30	£42
	Back of body	40	£50
	Full Body	60	£62
Deep Tissue Massage	Back, neck & shoulders	30	£45
	Back of body	40	£50
	Full Body	60	£65
Hot Stones Massage	Back, neck & shoulders	40	£45
	Full Body	60	£70
Indian Head Massage	Treat, relieve and ease the tensest of areas - a relaxing yet stimulating treatment for the upper back, shoulders, neck, face and scalp. Extremely effective for reducing stress, and alleviating physical and mental tension stored in the upper body. Release pressure, increase mental clarity and boost energy levels.	45	£48

## PREGNANCY TREATMENTS

Treatments performed by our fully qualified Pregnancy Specialist Therapists, using pregnancy safe products and techniques.

Ladies need to be over 12 weeks gestation

PREGNANCY PACKAGES	DESCRIPTION	MINUTES	PRICE
Pregnancy Baobab Body Full Ritual (Scrub & Massage with added scalp massage)	<b>Germaine De Capuccini</b> An energising full body massage & exfoliation with added scalp massage. Using ethically sourced Baobab seed oil, this African-inspired ritual promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity, making it the ideal pregnancy body treatment.	90	£88 saves £15
Blooming Lovely	In Bloom Pregnancy Back massage and Facial package deal. This soothing, back of body pregnancy massage and restorative facial, is just what's needed for the pressures and rigours of pregnancy. Ease tired muscles, calm a busy mind and soothe tight skin. Let one of our expertly trained therapists deliver a dreamy experience for you and baby.	90	£78
FACIALS			
In Bloom Facial	<b>Germaine De Capuccini</b> Soothing facial for expectant mummies using GdC Royal Jelly products. Refreshes, revitalises and protects your skin whilst encouraging your natural pregnancy glow.	30	£40

<b>MASSAGES</b>			
Lady in Waiting	Pampering pregnancy full body massage.	60	£62
In Bloom Back Massage	A place of perfect calm A calming tailor-made back massage, aimed to release tension and extra pressure placed on the back during pregnancy.	40	£44
<b>SCRUB / MASSAGES</b>			
Pregnancy Baobab Body Ritual Body Scrub with Massage	<b>Germaine De Capuccini</b> An energising full body massage & exfoliation. Using ethically sourced Baobab seed oil, this African-inspired ritual promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity, making it the ideal pregnancy body treatment.	60	£68
Pregnancy Baobab Dreamy Legs Ritual	<b>Germaine De Capuccini</b> As above but Leg Scrub & gentle massage only.	30	£42

## HOLISTIC THERAPIES

TREATMENTS	DESCRIPTION	MINUTES	PRICE
Holistic Hopi Ear Candles	An exquisitely relaxing experience. Using Hopi ear candles, followed by a hot towel cleanse and therapeutic face & scalp massage, this treatment releases built-up tension and pressure from within the head.	60	£55
Hopi Ear Candles	This non-invasive treatment acts as a natural alternative remedy to relieve congestion and the problems associated with the ears, nose and throat.	40	£42
Reiki	Coming Soon	TBC	£TBC
REFLEXOLOGY			
Taster	Coming Soon  Reflexology is a natural holistic treatment using specialist techniques, manipulation and pressure to reflex points mapped on the feet. Stimulating these reflexes helps to correct congestion and imbalances in the body on both a physical and an emotional level. Stress is a modern-day affliction, and today contributes to many illnesses. Reflexology is an effective answer, and has been found to be one of the most efficient solutions for reducing stress levels and aiding relaxation.	30	£35
Full session	Coming Soon	60	£65

## BEAUTY TREATMENTS

<b>Manicures</b>	<b>Description</b>	<b>Length (mins)</b>	<b>Price</b>
Gel Manicure with Removal	Removal of existing gel to fingers. File, Cuticle Work, Nail Preparation, Gel Base Coat, Gel Colour & Topcoat, Mini hand mask & massage	75	£42
Gel Manicure	File, Cuticle Work, Nail Preparation, Gel Base Coat, Gel Colour & Topcoat, Mini hand mask & massage	50	£38
Holistic Manicure	Hand soak, File, Cuticle work, Exfoliating hand scrub, Nourishing hand Mask, Massage & Moisturise	45	£40
Gel Removal to fingers		30	£18
<b>Pedicures</b>	<b>Description</b>	<b>Length (mins)</b>	<b>Price</b>
Gel Pedicure & Removal	Removal of existing gel to toes. Foot Soak, File, Hard Skin Reduction, Cuticle Work, Nail Preparation, Gel Base Coat, Gel Colour & Topcoat, Exfoliation, mini foot mask & massage	75	£50
Gel Pedicure	Foot Soak, File, Hard Skin Reduction, Cuticle Work, Nail Preparation, Gel Base Coat, Gel Colour & Topcoat, Exfoliation, mini foot mask & massage	60	£45
Holistic Spa Pedicure	Foot soak, File, Hard skin reduction, Cuticle work, Exfoliating foot scrub, Nourishing foot mask, Massage & moisturise	50	£45
Pedicure	Foot soak, File, Hard skin reduction, Cuticle work, Exfoliation & moisturise	30	£25
Gel Removal & Application to Toes		60	£34
Gel Application to Toes		45	£28
Gel Removal only to Toes		25	£16



A patch test is required for ALL tint treatments, at least 48 hours before and within the past 6 months. Disclaimer must be signed if not.

Tinting & Waxing	Description	Length (mins)	Price
Eyelash Tint & VJW Brows	Eyebrows shaped, waxed & tinted. Also includes eyelash tint.	30	£30
VJW Brows	Eyebrows shaped, waxed & tinted.	30	£22
Eyelash Tint		20	£20
Eyebrow Tint		20	£9.50
<b>Wax Hair Removal</b>	Eyebrow Wax           £9 Lip or Chin Wax       £9 Full Leg                 £30 Half Leg                 £16 Standard Bikini       £14 Under Arm             £13 Chest/Back             £26		

## HEAT SPA FACILITIES

Prebooked use of Jacuzzi, Sauna, Ice & warm showers and Relaxation Room

**Open to Public use** – (max. of 10 people)

- ❖ 1.5 hrs.           £20 pp
- ❖ 2 hrs.             £25 pp

**Exclusive Private Use** – (min. group of 2 ppl, max. of 10)

- ❖ 1 hr.               £30 pp
- ❖ 1.5 hrs.           £40 pp

### HEAT SPA - Opening Times for PUBLIC use – PRE-BOOKING REQUIRED

		Females only	Males only	Private Use
<b>Monday</b>	14:00 – 16:00	11:00 – 13:00	07:00 – 09:00	No
<b>Tuesday</b>	16:00 – 18:00	07:00 – 09:00	11:00 – 13:00	No
<b>Wednesday</b>	07:00 – 09:00	-	-	10:00 – 15:00
<b>Thursday</b>	07:00 – 09:00	-	-	10:00 – 19:00
<b>Friday</b>	16:00 – 18:00	-	-	10:00 – 15:00
<b>Saturday</b>	07:00 – 09:00 17:00 – 19:00	-	-	10:00 – 16:00
<b>Sunday</b>	No	-	-	By appointment

## TREATMENT PACKAGES

Heat Spa Access available as an add-on to any package (subject to availability).  
Please see the Heat Spa prices and times stated above.

On the Rocks £100 pp

Full Body Hot Stones Massage  
Germaine De Capuccini Royal Jelly Facial  
(1 hr 45 mins)

Holistic Heaven £70 pp

Hot Stone Back Massage  
Destress Facial  
(1hr 15 mins)

Girls Just Want to Have Fun £65 pp

Destress Facial  
Holistic Spa Manicure or Pedicure  
(1hr 30 mins)

---

## SPA DAYS

ASUKI LUXURY SPA DAY RETREAT - £190 pp

*Minimum two people*

### **Our leading Spa Package Includes:**

Private Heat Spa Room use (90 mins) | Therapeutic Treatment/s of choice (90 mins) | Afternoon Tea or food platter of choice | Holistic Manicure | Holistic Pedicure | Time in the relaxation room with hot drinks and chocolates / treats

Enjoy private use of our Sauna, Hydro Jacuzzi and cooling shower before experiencing 4 heavenly treatments, afternoon tea and all topped off with a slice of relaxation in our Relax Lounge.

### *Therapeutic Treatment Options*

- ❖ Destress Facial 30 mins
- ❖ Holistic Facial (includes massage) 60 mins
- ❖ Hand & Foot Ritual 30 mins
- ❖ Dreamy Legs Scrub and Massage 30 mins
- ❖ Traditional Full Body Massage 60 mins

### OPTIONAL Upgrades

- ❖ Treatment Extension (30 mins) £30 pp
- ❖ Gel application to either fingers or toes £10 pp
- ❖ Gel application to both fingers & toes £18 pp

- ❖ Celebratory Fizz (non-alco) & Chocs                      £10 / 2pp  
Spa Gown, Water and Towels provided, please bring swimwear and flip flops/slide ons.

### SOLO ASUKI LUXURY SPA DAY - £210

Same as above but for one person only

### HALF DAY HIDEAWAY

- ❖ PRIVATE Use of Heat Spa Room                      **£130 pp**                      min of 2 people booking
- ❖ PRIVATE Use of Heat Spa Room                      **£150 pp**                      1 person only booking
- ❖ PUBLIC Use of Heat Spa Room                      **£110 pp**                      1 or more people per booking

Self-chosen treatments in a package of pure indulgence, spending half a day in our tranquil spa in Lindley, Huddersfield.

Our BEST-SELLING Spa Package Includes:

1 hour access to our Heat Spa Room | Choice of 2 x Therapeutic 30 mins, or 1 x 60 mins Spa Treatments from the options below | Use of our Spa Relaxation Room, complete with hot drink and nibbles | Finished off being treated to a 30-minute Manicure or Pedicure (can be upgraded to a gel application/s).

#### *Therapeutic Treatment Options*

- ❖ Destress Facial    30 mins
- ❖ Holistic Facial (includes massage)                      60 mins
- ❖ Hand & Foot Ritual    30 mins
- ❖ Dreamy Legs Scrub and Massage                      30 mins
- ❖ Hot Stones Full Body Massage                      60 mins

#### *OPTIONAL Upgrades*

- ❖ Treatment Extension (30 mins)                      £30 pp
- ❖ Old George's Afternoon Tea                      £15 pp
- ❖ Savoury Platter    £10 pp
- ❖ Sweet & Savoury Platter                      £15 pp
- ❖ Celebratory Fizz (non-alco) & Chocs                      £10 / 2pp

\* Dressing Gown, Water and Towels Provided.

\* Please bring swimwear and flip flops / slide-ons.

### DUO DELIGHT FOR TWO

- ❖ PRIVATE Use of Heat Spa Room                      £90 pp – min of 2 people per booking
- ❖ PUBLIC Use of Heat Spa Room                      £75 pp

**Our exquisite experience for two  
Relax, unwind and revitalize – together...**



A unique selection of treatments for you and a friend, undertaken in our beautiful double treatment room.

Package Includes:

1 hr Heat Experience followed by your choice of 2 x 30 min or 1 x 60 min Therapeutic Treatment/s each | Hot drink & Nibbles for two whilst destressing in our Relaxation Room

*Therapeutic Treatment Options*

❖ Destress Facial	30 mins
❖ Holistic Facial (includes massage)	60 mins
❖ Hand & Foot Ritual	30 mins
❖ Dreamy Legs Scrub and Massage	30 mins
❖ Hot Stones Full Body Massage	60 mins

*OPTIONAL Upgrades*

❖ Old George's Afternoon Tea	£15 pp
❖ Sweet & Savoury Platter	£15 pp
❖ Celebratory Fizz (non-alco) & Chocs	£10 / 2pp

Dressing Gown, Water and Towels Provided  
Please bring own swimwear and flip flops / slide-ons.

## GROUP PACKAGES

3 – 10 people

Spa gowns, towels & filtered water provided

Please bring own flip flops or sliders & swimwear

**1. Something Special - £65 pp**

- 90 minutes Heat Spa (Private use)
- 1 x 30 Minute treatment each  
Choose from a De-Stress Facial or a Traditional Back Massage
- 30 mins in Relaxation room together  
(2hr 30m)  
Save £12 pp

**2. I Did It My Way - £78 pp**

- 90 minutes Heat Spa (Private Use)
- 1 x 60 Minute treatment each  
Choose from a Luxury De-Stress Facial or Hot Stone/Traditional Full Body Massage
- Finished off with Relaxation time together and a Hot Drink
- (Allow 3hrs)
- Save £22 pp

**3. All together now - £99 pp**

- 90 minutes Heat Spa (Private Use)
- 2 x 30-minute Treatments each

- Choose 2 treatments from the following:  
De-Stress Facial / Traditional Back Massage / Therapeutic Foot Ritual
- Polished off with Relaxation time together whilst enjoying a Hot Drink and a few Sweet Treat
- (Allow 3.5hrs)
- Save £28 pp

#### **4. The Works - £125 pp**

- 90 minutes Heat Spa (Private Use)
  - Enjoy ALL 3 x 30-minute Treatments listed below
    - Traditional Back Massage
    - De-Stress Facial
    - Dreamy Legs Scrub & Massage
  - Now take time together to relax with light savoury and sweet nibbles and a warm drink in our Relaxation room
  - Allow 4 hours
  - Save £40 pp
- 

## **TERMS & CONDITIONS**

### **Cancellation Policy**

- 100% cancellation charge will be incurred for any treatments not cancelled with at least 24 hours' notice
- 50% cancellation charge will apply for any bookings / treatments cancelled between 48 - 24 hours' notice.
- Full refund or credit to client's account can be arranged for any bookings cancelled or rearranged with over 48 hours' notice.

This is necessary due to not being able to ensure refill of these appointments with short notice. Thank you for your understanding.

### **Consultation Policy**

- A full consultation must be completed before your first appointment and updated on each visit. Please notify your therapist of any health changes on booking. We reserve the right to refuse treatment if we feel the treatment is unsuitable. We may also require a doctor's written permission with some health conditions to ensure it is completely safe.

### **Polite Notices**

- Please arrive on time for your appointment.
- Late arrival may result in a shorter treatment time.
- We cannot accommodate babies or toddlers.
- The use of mobile phones whilst within the spa is not encouraged.
- Inappropriate behaviour or language will not be tolerated, and you will be asked to leave the premises immediately.